

## ONE DAY CONFERENCE : TASMANIA

# Ensuring safety and the basic needs for all students It takes a village to raise a child.

### KEYNOTE ADDRESSES

How Wellbeing in Schools improves educational and academic outcomes.

Jac Van Velsen – CEO WISA

What is wellbeing in schools? What are our current student wellbeing challenges and how are schools addressing these? Why is addressing school wellbeing in a planned whole of school community approach, critical to achieving improved learning outcomes, quality educational outcomes, increased emotional and social wellbeing and decreased health risk behaviours? Strategies that develop and improve resilience and student, staff and broader school community wellbeing will be identified.

From Child Safety to Child Wellbeing – Redesigning the child protection system and its integration with a broader service system for the wellbeing of children and their families.

Matthew Healey – Director, Strategic Projects Department of Health and Human Services

A detailed examination of the current redesign of the child protection system and how Tasmania is building a strong foundation for building strength in vulnerable children and their families. The presentation will examine topics ranging from the development of a child wellbeing framework, the creation of a child wellbeing advice and referral service and integration of services to respond to the needs of children at risk.

### SKILL WORKSHOPS

#### 1 The Respectful Relationships Education resource package in action

Anthony Crawford – Principal Education Officer – Secondary, Department of Education

This workshop is a hands-on opportunity to unpack The Respectful Relationships Education resource package including time for participants to begin planning for respectful relationships education within their context identifying high leverage opportunities and priorities for implementation. Participants are requested, if possible, to have a device to access online resources and headphones to access audio clips.

#### 2 The top five most effective bullying interventions for use in schools

Jac Van Velsen – CEO WISA Wellbeing In Schools Australia

This workshop will look at the most effective strategies to address and reduce bullying, as well as building more positive respectful relationships in safe and supportive school communities. Co-author of the resource The Bullying Intervention Toolkit, which highlights the top five most effective interventions, Jac has also worked closely with Australia's leading experts in addressing bullying in schools, Prof. Ken Rigby and Prof. Donna Cross. This workshop provides an opportunity for participants to hear about and discuss proven strategies they can use that will effectively address and reduce bullying and make schools more friendly healthy safe places for learning.

### 3 School Leadership Wellbeing

Paul Cahalan – WISA National Leadership Trainers

This workshop will address the critical importance of a school leadership team that has good wellbeing and a step by step process to lead and resource wellbeing effectively in their school.

### 4 Active Student Research, Voice and Participation Around Child Safety

Roger Holdsworth

Roger Holdsworth, one of the longest standing and most successful advocates for student voice, student engagement and meaningful student involvement in the world. Roger has been involved in dozens of highly innovative, student-led and student-driven projects in Australia. His work is admired and shared globally by researchers, practitioners, students and others. Editor and publisher of internationally respected journal Connect magazine - a practice journal supporting student participation. Previous Manager, Australian Youth Research Centre.

This workshop will provide an overview of ideas around student voice, agency and participation, and some practical strategies that can be implemented within classrooms and across whole schools. In particular, the operation of 'students as researchers' and 'student action teams' around safety - at both primary and secondary schools, with useful resources provided.

### 5 The critical importance of sleep for positive student educational outcomes

Brad Felstead, Felstead Education

The workshop will look at the relationship between sleep and cognitive performance and how sleep deprivation impacts on memory consolidation and higher order thinking skills; between sleep and mental health issues such as anxiety and depression; and international trials involving later start and finishing times for schools and the impact on academic outcomes and behavioural standards; and the negative impact of devices such as smartphones, laptops, and iPads on student sleep patterns; concluding with strategies to improve sleep patterns in students.

### 6 Putting the school wellbeing essentials in place

Linsey Hart, WISA Wellbeing in Schools Australia, State Manager South Australia and Northern Territory

This workshop will provide a checklist and step by step process to guide and ensure your school has the school wellbeing essentials in place to see improvements in academic, social and emotional outcomes.

**WHO** School Leaders, School Counsellors and Wellbeing Coordinators, Teachers, Educational Support Staff, Parents/Carers

**WHEN** Thursday 10th August 2017  
Registrations from 8am  
Conference start time 8.45

**WHERE** Tailrace Centre, 1 Waterfront Drive, Riverside, Launceston

**COST** \$295 Single Registration - Excluding GST  
\$540 School Team of 2 - Excluding GST  
\$990 School Team of 4 - Excluding GST

**Price also includes conference resource pack and refreshments upon arrival, morning tea and lunch.**

REGISTER NOW HERE 

OR to register manually contact Linsey Hart  
0421 343 137 or email [wisawellbeing@gmail.com](mailto:wisawellbeing@gmail.com)